



## City International School Aundh, Pune - 07

CISA/2014-15/Acad/019

Date :4<sup>th</sup> February 2015

“What it’s like to be a parent: it’s one of the hardest things you’ll ever do but in exchange it teaches you the meaning of unconditional love.”

~ Nicholas Spa

Dear Parent,

We know parenting is wonderful but also challenging. Sometimes lonely and sometimes hard. We are here to support you with ideas for the good times and the difficult times. To you who are parents, I say show love to your children. You know you love them, but make certain that they are also precious.

The workshop will be on relevant topics as per the age group of the students. This enriching workshop will be conducted by the experts of Education and Health International. The duration of workshop is 6 hours which include lunch break and tea session.

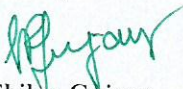
The details are as follows:

Date	15 <sup>th</sup> March , 2015
Day	Sunday
Time	10:00 a.m. to 4:00 p.m.
Venue	City International School, Aundh, Pune
Classes	8 <sup>th</sup> to 10 <sup>th</sup>
Topics covered	<ul style="list-style-type: none"><li>• Adolescent stages of development</li><li>• About adolescence and parenting styles</li><li>• Towards helping your child develop better self esteem and body language</li><li>• Protecting your child from bullying and being bullied</li><li>• Raising a 21<sup>st</sup> century child</li><li>• Health and positive sex awareness, attraction towards the opposite sex</li><li>• Health - Diet and nutrition and Physical exercise</li><li>• Preventing power struggle</li></ul>
Amount	600 INR

Parents who are interested should register the names in the school office from Monday, 09<sup>th</sup> February 2015 to Monday, 16<sup>th</sup> February 2015 between 9.00 am to 2.00 pm. & remit the participation fee which is inclusive of tea and lunch.

We look ahead for your whole hearted participation and kind cooperation.

Principal

  
Shilpa Gujare

